

IT'S 4 CHA CHA

Choreographers: Randy & Marie Preskitt, 5603 Sound Ave, Everett, WA. 98203
Phone: (425) 348-6030 **E-Mail:** RKPreskitt@comcast.net
Music: CD Ross Mitchell (Rainbow Collection DLD 1004 & Special Pressings)
Rhythm: Phase IV + 2 +1(Open Hip Twist & Cuban Breaks+ Unphased Body Wave) Cha
Footwork: Woman opposite accept as noted **Speed:** 45 or slower to suit
Sequence: Intro, A, B, C, B(1-14), Ending **Version 1.0**

INTRO

1 **WAIT ; MERENGUE 4 TANDEM ; DISCO LUNGE 2X ; HOCKEY END TO WALL ;**

Open pos fc wall Lady about 3 feet to man's right and slightly in front. Trailing foot free.
Wait 1 measure; Sd R, cl L, sd R, cl L; Lunge sd R with L hand on Ladies L hip look at partner, -, lunge sd L with R hand on ladies R hip look at partner, -(W lunge L with R hand on hip L hand behind ear,-, lunge R with L hand on hip R hand behindear,-);
Bk R, rec L, fwd R/XLIB, fwd R join lead hands(W fwd L, fwd R trng LF fc COH, bk L/lk RIF, bk L);

Part A

1 - 4 **OPEN HIP TWIST ; FAN ; HOCKEY STICK OVERTURN FC REV ; ;**

Fwd L, rec R, bk L/slip R bk past L, fwd L leading W to swivel RF(W bk R, rec L, fwd R/lk LIB, fwd R swivel RF ¼ fc LOD);
Bk R, rec L ronde RIF of L, XRIF/ cl L, sd R(W fwd L, fwd R trng LF fc RLOD, bk L/lk RIF, bk L);
Fwd L, rec R ronde LIB of R, XLIB, cl R, sd L(W cl R to L, fwd L, fwd R/lk LIB, fwd R);
Bk R, rec L trng RF, fwd R, lk LIB, fwd R fc RLOD(W fwd L, fwd R trng LF under joined ld hands fc LOD, bk L/lk RIF, bk L);

5 - 8 **CHASE W/TRIPPLE CHA ; ; CROSS POINT 2X ; FIN CHASE HANDSHAKE ;**

Fwd L trng RF, rec R fc LOD, fwd L/lk RIB, fwd L(W bk R, rec L, fwd R/lk LIB, fwd R);
Fwd R/lk LIB, fwd R, fwd L/lk RIB, fwd L(W fwd L/lk RIB, fwd L, fwd R/lk LIB, fwd R); Fwd R cross slightly in front of L, Point L (W point R) to sd, fwd L cross in front of R, point R (W point L)to sd;
Fwd R trng LF, rec L fc RLOD, fwd R/lk LIB, fwd R join R hands(W fwd L, rec R, bk L/lk RIF, bk L);

9 - 12 **CROSS BODY OVERTURN VARSOUVIENNE LOD ; ; WALK & CHA ; LADY TO FAN ;**

Fwd L, rec R trng RF, sd L/cl R, sd L(W bk R, rec L, fwd R/lk LIB, fwd R); Bk R trng LF, rec L fc LOD trng W to varsouviennne joining L hands, fwd R/lk LIB, fwd R(W fwd L commence LF trn, bk R cont LF trng bring R hands up to shoulder & join L hands a L shoulder, Fwd L/lk RIB, fwd L); Fwd L, fwd R, fwd L/lk RIB, fwd L; Fwd R, trng RF & rel R hands cl L, change to lead hands joined leading L bk to fan sd R/cl L, sd R (W fwd L, fwd R trng LF fc RLOD, bk L/lk RIF, bk L);

13 - 16 **ALEMANA FC WALL ; ; MODIFIED SINGLE CUBANS W/PRESS & BODY WAVE ; ;**

Fwd L, rec R, sd L/cl R, sd L raising lead hand palm to palm(W cl R to L, fwd L, fwd R/lk LIB, fwd R swiveling to fc ptr);
Bk R lead W under joined hands, rec L, sd R/cl L, sd R BFLY WALL
(W XLIF to DC trng RF under lead hands, fwd R DRW trng RF fc prt, sd L/cl R, sd L);
XLIF/rec R, sd L, -, XRIF/rec; Bk R raise heel of L to press line, lower and roll the hip and body rising over the last 3 beats, -, -;

Part B

1 - 4 **SPOT TURN ; UNDERARM TURN ; HAND TO HAND ; AIDA ;**

XLIF trng RF, fwd R fc prt, sd L/cl R, sd L join lead hands palm to palm; bk R lead W to turn under lead hands, rec L, sd R/cl L, sd R BFLY WALL(W XLIF trng RF, cont RF turn sd R fc M, sd L/cl R, sd L);
Trng LF to OP LOD bk L, rec R trng RF to fc ptr BFLY, sd L/cl R, sd L;
Thru R to LOD, sd L trng RF to LOP, bk R, lk LIF, bk R raising trailing arms bk & sd;

5 - 8 **SWITCH ROCK ; SPOT TURN ; DOUBLE CUBANS TO HANDSHAKE ; ;**

Sharply trng LF to fc ptr BFLY chk sd L, rec R, sd L/cl R, sd L;
Cross RIF trng LF, fwd L to RLOD trng to fc, sd R/cl L, sd R bfly wall;
XLIF/rec R, sd L/rec R, XLIF/rec R, sd L;XRIF/rec L, sd R/rec L, XRIF/rec L, sd R join right hands;

Part B (Cont.)

- 9 - 12 **FLIRT ; ; SOLO FENCE LINE ; SOLO FENCE LINE LADY TRANS :**
Fwd L, rec R, bk L/lk RIF, bk L leading W to turn LF to varsouvienne joining L hands(W bk R, rec L trng LF to varsouvienne, Bk R/lk LIF, bk R); Bk R, rec L, sd R/cl L, sd R beh W To lft varsouvienne(W bk L, rec R, movng in front of M sd L/cl R sd L); Releasing hands on flexed leg XLIF extend arms to side, rec R, sd L/cl R, sd L bring arms back to body; On flexed leg XRIF extending arms to side, rec L, sd R/cl L chk sd R to tandem W in front of M(W XLIF, rec R, sd L, cl R);
- 13 - 16 **PARALLEL CHASE ; ; CIRCLE CHASE LADY TRANS FC ; ;**
Sd L, rec R, XLIF/sd R, XLIF; Sd R, rec L, XRIF/sd L, XRIF;
Curving LF toward COH fwd L, fwd R, fwd L/lk RIB, fwd L(W follow behind M L, R, L/R, L);
Curving back twd wall W in front of M fwd R, fwd L, fwd R/lk LIB, fwd R to loose CP wall
(W twd wall fwd R, fwd L trng LF fc M, bk R, bk L);
(Note: 2nd time through, dance measures 1-14 omitting CIRCLE CHASE for Ending)

Part C

- 1 - 4 **CROSS BODY ; ; HOP NEW YORKER ; WHIP :**
Fwd L, rec R trng LF, sd L/cl R, sd L M fc LOD(W bk R, rec L, fwd R/lk LIB, fwd R);
Bk R, rec L trng LF, sd R/cl L, sd R/hop on R trng RF
(W fwd L, fwd R trng LF fc WALL, sd L/cl R, sd L/hop on L trng LF);
Chk fwd L in LOP/hop on L, rec R to fc BFLY, sd L/cl R, sd L;
Bk R trng LF leading W across twd WALL, rec L cont trng fc WALL, sd R/cl L, sd R/hop on R trng RF
(W fwd L across M twd WALL, fwd R trng LF fc COH, sd L/cl R sd L/hop on L trng LF);
- 5 - 8 **HOP NEW YORKER ; AIDA ; SWITCH CROSS ; SD WALK TO LH STAR:**
Chk fwd L in LOP/hop on L, rec R to fc BFLY, sd L/cl R, sd L;
Thru R to LOD, sd L trng RF, bk R, lk LIF, bk R raising trailing arms bk & sd;
Sharply trng LF to fc ptr BFLY chk sd L, rec R, XLIF/sd R, XLIF; Sd R, cl L, sd R/cl L, sd R trng RF (W LF)join L hands;
- 9 - 12 **UMBRELLA TURNS 3 ; ; WITH CROSS BODY LEAD TO FAN ; ;**
Rk fwd L, rec R trng W LF, bk L/lk RIF, bk L to L varsouvienne(W bk R, rec L trng LF to L varsouvienne, bk R/lk LIF, bk R);
Rk bk R, rec L trng W RF release R hands, fwd R/lk LIB, fwd(W bk L, rec R trng RF, bk L/lk RIF, bk L);
Rk fwd L, rec R trng LF fc WALL retail L hand hold, sd L/cl R, sd L(W bk R, rec L, fwd R/lk LIB, fwd R);
Bk R, rec L ronde R in front of L, XRIF/cl L, sd R(W fwd L, fwd R trng LF fc RLOD, bk L/lk RIF, bk L);
- 13-16 **HOCKEY STICK BFLY ; ; MODIFIED SINGLE CUBANS W/PRESS & BODY WAVE ; ;**
Fwd L, rec R ronde LIB of R, XLIB, cl R, sd L(W cl R to L, fwd L, fwd R/lk LIB, fwd R);
Bk R, rec L , sd R/cl L, sd R BFLY fc WALL(W fwd L, fwd R trng LF under joined ld hands fc COH, sd L/ cl R, sd L);
XLIF/rec R, sd L, -, XRIF/rec; Bk R raise heel of L to press line, lower and roll the hip and body rising over the last 3 beats, -, -;

ENDING

- 1 - 2 **SIDE WALK : TANDEM RUMBA AIDA HOLD :**
(M & W identical footwork) Sd L, cl R, sd L/cl R, sd L;
XRIF trng RF, sd L cont RF trng, bk & sd R extend R arm up & bk L arm fwd;